

RAJASTHAN NDA ACADEMY, SIKAR



DAILY ROUTINE CHART

TIME

ROUTINE

05:00 AM	Wake up
05:30 AM to 06:30 AM	PT Parade
07:30 AM to 08:00 AM	Breakfast
08:00 AM to 01:00 PM	Classes
01:00 PM to 01:30 PM	Lunch
01:30 PM to 03:00 PM	Rest
03:00 PM to 06:00 PM	Evening Classes/Doubt Counter
06:00 PM to 07:00 PM	PT/ Games
07:00 PM to 07:30 PM	Roll Call
07:30 PM to 08:00 PM	Dinner
08:00 PM to 11:00 PM	Self Study
11:00 PM	Lights Off

- Note :** - 1. Students who want to study after 11:00 PM should study in classroom only.
2. Hindi/English Documentary Movies will be Screened once in a week.
3. One day in a week will be rest day.