



RAJASTHAN NDA ACADEMY

PIPLYA NAGAR GOKULPURA SIKAR-332021

DAILY MESS MENU

DAY	BREAK FAST	LUNCH	DINNER
Monday	Poha & Curd	Mix Dal, Green Vegetable, Chapati, Rice, Butter Milk & Salad	Kadhi Pakoda, Jeera Aloo, Chapati & Milk
Tuesday	Puri, Sabzi & Tea	Mix Dal, Gatta Sabzi, Chapati, Rice, Butter Milk & Salad	Mix Dal, Soyabean, Chapati, Sweet & Milk
Wednesday	Veg. Fried Rice & Curd	Rajma, Jeera Aloo, Chapati, Rice & Butter Milk & Salad	Mix Dal, Green Vegetable, Chapati & Milk
Thursday	Bread Pakoda & Daliya	Green Vegetable, Kadhi Pakoda, Rice, Chapati, Butter Milk & Salad	Mix Dal, Chale Sabzi, Chapati & Kheer
Friday	Poha & Curd	Chole Sabzi, Rice, Green Vegetable, Chapati, Butter Milk & Salad	Mix Dal, Green Vegetable, Chapati & Milk
Saturday	Noodles & Tea	Mix Dal, Green Vegetable, Chapati, Rice & Butter Milk & Salad	Mix Dal, Green Vegetable, Chapati & Kheer
Sunday	Paratha, Curd & Pickle	Chapati, Pulao, Paneer, Raita, Sweet & Salad	Kadhi Pakoda, Aloo Chole Sabzi, Chapati & Milk

Note:- There will be refreshment break at 5:00 PM in the mess every day .